Newsletter – October 2019

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Pen Velo Women at the Masters District Time Trial Championships

The Pen Velo Master 55+ women were there in force for the District Time Trial Championships in Esparto on September 21. High winds were the order of the day, even at the early hour when the women raced. The rectangular course meant that the riders faced wind from all directions. Despite the conditions, it was a successful day for the PV women. We took five medals overall and bear jerseys in both the W55-59 (Helen Casabona) and W60-64 (Yvonne Walbroehl) age groups. Comeback rider of the day (and the year) was Beth Dawson, who finished a strong third in the W55-59 after undergoing cancer treatment during the first half of the year!

L to R: Cecily Majerus (with Torme), Norma Hilton, Beth Dawson, Helen Casabona, Yvonne Walbroehl

Yvonne Walbroehl and Helen Casabona

This race was the culmination of a strong season for the 55+ women's team. The district championships are some of the few races where we have an opportunity to shine, since our age group is rarely offered at other races. We targeted all three district championships and came away with a total of five bear jerseys, including a sweep of the W60-64 age group championships with three different riders.

W55+ Time Trial Results:

W55-59:
Helen Casabona, 1st
Beth Dawson, 3rd

W60-64:
Yvonne Walbroehl, 1st
Cecily Majerus, 2nd

W65-69:
Norma Hilton, 2nd

W55+ 2019 District Champions:

Criterium:
MaryAnn Levenson, W60-64
Norma Hilton, W65-69

Road Race:
Camille DeLuca-Flaherty, W60-64

Time Trial:
Helen Casabona, W55-59
Yvonne Walbroehl, W60-64

Big Basin Old Growth Classic – September 14, 2019 – M60+
Bill Harkola – 1st
Chuck Spiteri 2nd

Mare Island Pedalfest – September 20, 2019 – M35-54
Steve D'Alencon – 2nd

Masters District Time Trial Championships
September 21, 2019

Women 60 - 64
Yvonne Walbroehl – 1st
Cecily Majerus – 2nd

Women 65 - 69
Norma Hilton – 2nd

Women 55 - 59
Helen Casabona – 1st
Beth Dawson – 3rd

Contact: social@penvelo.org

CCCX #4 Manzanita Park

September 29, 2019

Junior Boys 15-18
Mattheus Johnson – 1st place

1st place
Sara Stearns W65+ and Colleen Chew W35+

Don't forget to submit your podium photos to be included in the next newsletter. Please be sure to wear your current Pen Velo jersey when racing and on the podium. Podium photos do get sent to sponsors and are also included with other marketing content. It's a great way to showcase our team results and ensure visibility of the investment our sponsors have made in Pen Velo. Action shots and your personal stories are always welcome. Submit via email to: social@penvelo.org

Thank you to our sponsors!