PENVELO SUMMIT BICYCLES

Newsletter – May 2019

Volume 2, Issue 5

ANNOUNCEMENTS

Now that spring is in full swing the days are long, the bike rides are longer and there are century rides, gravel grinders and bike races just about every weekend! It is also that time of year when we call upon the Pen Velo membership to "give back" by volunteering at two of our biggest events.

CALL FOR VOLUNTEERS!

The Ryan Phua Memorial Kids' Ride (June 9, 2019) is a unique athletic event for children 12 and under which raises money for cancer programs in our community by collecting pledges for the LIVESTRONG Foundation. Pen Velo has supported this event each year since 2004 by providing volunteers for setup, course marshaling, tear down as well as some pre-event activities. Ryan's Ride is in its last year this year – let's help it go out on a high note! About 50 PV volunteers are needed.

The Brisbane Criterium (June 22, 2019) is a fast-paced race held on a short course on Sierra Point Parkway and Marina Drive near the Brisbane Marina. The same course had previously been used as a part of the Pilarcitos Stage Race in the early 2000's and the Sierra Point Criterium from 2004-2011. PV resurrected the race in 2018 with over 225 racers coming out to give it a try. It was such a success in its first year that we will again be hosting the race in 2019. About 105 PV volunteers are needed to put on this event. **REMINDER** – All PV members in good standing must volunteer for at least one club event or position each year (see Club Rules). Volunteering at either (or both!) of these events will meet your volunteer obligation for 2019.

To volunteer, go to https://penvelo.org/volunteer/ and sign up! If you have any questions about volunteering, email volunteer@penvelo.org and ask!

Beat the Clock

Beat the Clock is back for 2019! All details available at: https://penvelo.org/beat-the-clock/ Currently scheduled dates: May 18, June 8, and July 27

16th Annual Ryan Phua Memorial Kids' Ride
Sunday, June 9, 2019

The Final Ride

Ryan's Ride was established in 2004 shortly after Ryan passed away from Sudden Unexplained Death in Childhood (SUDC). Watching thousands of young champions cross the finish line over the years is a wonderful way to honor Ryan. We appreciate all of your continued support and dedication toward making what this ride is today. Ryan would have turned 18 last December. The moment feels right to make this 16th annual ride our final Ryan's Ride.

At the beginning of the event's inception, the Ryan Phua Memorial Fund (Ryan's Fund) was created through the LIVE**STRONG** Foundation to support cancer survivorship programs. Sixteen years later, with the help of dedicated volunteers and, of course, the wonderful participants, we have raised nearly one million dollars.

We hope you can join us on one last ride to honor Ryan. No doubt will we miss seeing the pure joy of all the kids riding on their bikes and receiving their medals. These magical moments are reasons why we keep putting our hearts & souls in planning this ride. It will be hard to let go, but we know that Ryan will always be in all of our hearts. We just could not have done it without Pen Velo and your support. Our family is grateful and honored to have you by our side.

We hope you can support Ryan's Fund by either volunteering or making a donation. Thank you for your support.

John, Michele & Matthew Phua

More info and register online: www.ryansride.org

May is Bike to Work Month

May 9 is Bike to Work Day. Check out the following web sites to find suggested routes, locations of the energizer stations and lots more information about commuting by bike not just on May 9 but every day. These are just some of the many benefits of bike commuting:

- Reduce air pollution
- Stay healthy and fit
- Save money
- Ease street congestion

https://bayareabiketowork.com/about/

https://sfbike.org/bike-to-work-day/

https://wobo.org/

Maps and info about other counties:

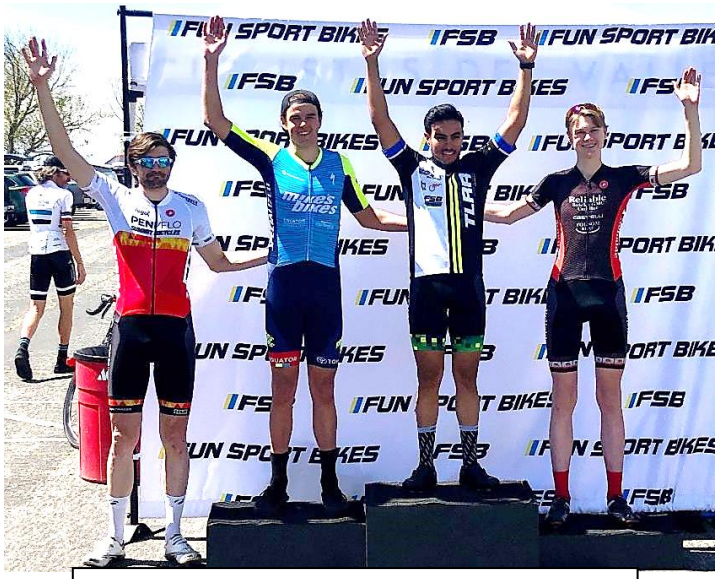
https://bayareabiketowork.com/2019/04/1430/
https://bayareabiketowork.com/energizer/

Upgrades for April

Congratulations to John Nie!
Upgrade from road category 4 to 3.
Well done, John!

Pen Velo on the Podium

Another successful month of racing!



Turlock Lake Road Race – April 6
Yuriy Platoshyn – E3 – 4th Place

Lodi Cyclefest – April 7
M35+ 4/5
Eugene Chan – 4th Place

Copperopolis Road Race – April 20
M4 35+
Eugene Chan – 1st Andrew Horvai – 3rd

Copperopolis Road Race – April 20
W 30+
Yvonne Walbroehl –2nd

Regalado – April 28 – M4 35+
Eugene Chan – 1st Place

Wards Ferry Road Race – April 27 – M 35+ cat 1/2/3
Eric Chi – 5th Place

Winchester Road Race – March 16
M60+ 1/2/3/4
Steve Clifton – 2nd place

Don't forget to submit your podium photos to be included in the next newsletter. Please be sure to wear your current Pen Velo jersey when racing and on the podium. Podium photos do get sent to sponsors and are also included with other marketing content. It's a great way to showcase our team results and ensure visibility of the investment our sponsors have made in Pen Velo. Action shots and your personal stories are always welcome. Submit via email to: social@penvelo.org

Thank you to our sponsors!